



ayurveda

MAHAVEER

AYURVEDIC MEDICAL COLLEGE & HOSPITAL

Progress Report on Curricular and Extracurricular Activities

The committee contributes to the overall development of the students. It helps them to discover their inherent skills, showcase their talent at various platforms and enhance their leadership skills and working in a team. The committee organizes and implements various activities in the college and for the college.

The following key initiatives were taken by the committee:

Academic events:

Various interdisciplinary seminars, workshops were organized in the college. Brainstorming or problem-solving sessions were also organised to enhance critical thinking. Key takeaways and innovative ideas for the SPARK 2024 event were also discussed.

Two proposals for SPARK-2024 were submitted to CCRAS in November 2024.

Intra college competition for Navpravarthan Idea Hackthon-2024 organised by All India Institute of Ayurveda, New Delhi will be conducted on 09 Jan 2025. Students were encouraged to participate enthusiastically.

Seminar organized on World Heart Day (29 September)

Seminar on "Healthy Heart" by Dr. Sanjay Mittal (MBBS, MD, DM), Vice-Chairman, Medanta Hospital.

Presentation and seminar on occasion of "Hepatitis Day" in July-2024

Sports

Discussion on the upgradation of the existing sports facilities and events was done by the committee, with an emphasis on increasing student participation. Half an hour sports activities was included in daily time table in all professional

Community Outreach Program

Many general health camps and swarna prashan camps were organised in the nearby villages. It was agreed to partner with local organizations for better impact and participation. Many field visits were also organised to provide practical exposure to students. Regular health camps were conducted in nearby villages by consultants, interns and students. "Health Camp in collaboration with Indian Army" at Pine Division, Meerut Cantt and Eye Donation camp on the occasion of Eye Donation Week were also organised.

Mobile health check-up camps was organised for Kawadiyas during kawad Yatra in month of July, 2024 at NH 58 highway.

Updates on the **field visit for Prakruti Parikshan campaign** were shared. The visit provided valuable insights into diversity in prakruti.

Cultural events

Student's participation in Intercollegiate Cultural festivals, talent shows, and competitions organize was encouraged. Poster & Essay competition and seminar on "Anti-Ragging Week". Rangoli competition, Poster competition and quiz competition were organised on population day and Anti- ragging week. Shlok Recitation competition on Charak Jayanti, presentations by students on World AIDS Day.

During transitional curriculum cultural events like dance, singing and ramp walk were organised for students.

Principal

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Principal