



केंद्रीय आयुर्वेदीय विज्ञान अनुसन्धान परिषद्

आयुष मंत्रालय, भारत सरकार
जवाहर लाल नेहरू भारतीय चिकित्सा एवं होम्योपैथी अनुसन्धान भवन
61-65, साम्थानिक क्षेत्र, सम्मुख 'डी' ब्लॉक, जनकपुरी, नई दिल्ली-110058

CENTRAL COUNCIL FOR RESEARCH IN AYURVEDIC SCIENCES

Ministry of Ayush, Govt. of India
Jawahar Lal Nehru Bhartiya Chikitsa Evam Homoeopathy Anusandhan Bhawan
61-65, Institutional Area, Opp. 'D' Block, Janakpuri, New Delhi-110058

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File No. HQ-EDC02/2/2025-EDC | 8997

Dated: 28 FEB 2026

ORDER

Sanction of the Director General, CCRAS is hereby accorded for the award of studentship for the research proposals received from the following student(s) at **Mahaveer Ayurvedic Medical College and Hospital Sardhana Bypass Road, Dabathwa, Karnal - Meerut Road, Meerut, Uttar Pradesh – 250341**, under Studentship Programme for Ayurveda Research Ken (SPARK-4.0) for 2025-26 Session as following details:

Sl. No.	Name of the Student & SPARK ID	Year	Name of Guide, Designation & Department	Title of the Research Proposal
1.	Princy SPARK/2024/7851/1807	3 rd	Dr. Bharti Sharma, Professor & HOD, Dept. of Kayachikitsa	An Observational Study to Assess the Effect of Nidra Vega Avrodh (Suppression of night sleep) on Agni (Digestive Fire) in Healthy College Students.
2.	Kuldeep SPARK/2024/7837/1788	4 th	Dr. Bharti Sharma, Professor & HOD, Dept. of Kayachikitsa	An Observational Study to Correlate the Status of Asthi Dhatu assessed by Bone Mineral Density (BMD) with the Qualitative Parameters of Its Upadhatu (Danta) and Mala (Kesha and Nakha).

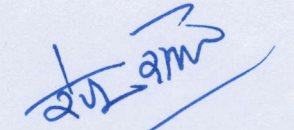
2. All enrolled students under SPARK-4.0 (2025-26) shall follow the timeline available in "SPARK" website (i.e. <https://spark.ccras.org.in/>) and shall have to submit their monthly progress report for April 2026 and May 2026 through SPARK Portal (<https://spark.ccras.org.in/login/>) with their concerned login credential within the first week of next month i.e. from 01/04/2026 to 07/04/2026 and from 01/05/2026 to 07/05/2026 respectively.

3. CCRAS institutes may be approached by the guide/student for any technical guidance in formulation and execution of research proposals.

// 2 //

4. The value of the studentship will be Rs.25,000/- per month for two months duration (Total Rs.50,000/- only) and is meant to be stipend for the students. The amount will be paid through the College/Institute, only after completion of research work and approval of final report on submission to CCRAS through SPARK Portal (<https://spark.ccras.org.in/login/>) with their concerned login credential. Cost of research shall be borne by the concerned Institute/Ayurveda Medical College where research is conducted and the student is studying.
5. A certificate will be issued and posted to the office of the concerned Principal/ Director/ Dean/ Registrar on satisfactory completion of the project and acceptance and approval of the final report by the competent authority.
6. The Account details of the College/Institute provided with the Acceptance letter shall be utilized for e-transfer of the amount of Studentship after declaration of final result of award of SPARK-4.0 (2025-26).
7. Health Assessment tools and Prakriti Assessment tools as developed by CCRAS, may be utilized for their Research work as per need.

Encl.: As above.



(Renu Rajan)
Administrative Officer (Estt.)
For Director General


To,
The Principal
Mahaveer Ayurvedic Medical College and
Hospital Sardhana Bypass Road,
Dabathwa, Karnal - Meerut Road,
Meerut, Uttar Pradesh – 250341,

Copy to:

1. **Dr. Bharti Sharma**, Professor & HOD, Dept. of Kayachikitisa, Mahaveer Ayurvedic Medical College and Hospital Sardhana Bypass Road, Dabathwa, Karnal - Meerut Road, Meerut, Uttar Pradesh – 250341, for kind information through e-mail.
2. **Ms. Princy**, Mahaveer Ayurvedic Medical College and Hospital Sardhana Bypass Road, Dabathwa, Karnal - Meerut Road, Meerut, Uttar Pradesh – 250341, for kind information through e-mail.

// 3 //

3. **Mr. Kuldeep** , Mahaveer Ayurvedic Medical College and Hospital Sardhana Bypass Road, Dabathwa, Karnal - Meerut Road, Meerut, Uttar Pradesh – 250341, for kind information through e-mail.
4. **Sr.PS to DG** for information to DG, CCRAS.
5. **PA to DDG**, CCRAS, New Delhi, for information to DDG, CCRAS.
6. **PA to D.D.(Admn.)**, CCRAS, New Delhi, for information to DD(A), CCRAS.
7. **Dr. Pratap Makhija**, A.D (Ay.), CCRAS, New Delhi, for information.


For Director General